

APPENDIX A: CONTENT RESTRICTIONS WORLD CHAMPIONSHIP (ONLY)

Artistic Group Content Restrictions	
CATEGORY	One level Only
Spins	<ul style="list-style-type: none"> • 1-2 spins <p>Baton Releases No Restrictions Reception No Restrictions</p>
Aerial Acrobatic	Not allowed with or without toss
Stationary Complex & Traveling Complex	<ul style="list-style-type: none"> • Single major body move under the toss <p>Baton Releases No Restrictions Reception No Restrictions</p>
Double Element Tricks	Not Allowed under the toss
Rolls	No continuous front neck rolls (with or without hands) No front neck figure 8's No monster rolls (partial or complete)
Contact Material	No Restrictions

Clarification: One major body move is allowed. It is NOT allowable to add minor body moves after the toss or before the catch.

TWIRLING CORPS

ACROBATIC MOVEMENTS ARE NOT PERMITTED
applying to one or all Corps members